



28TH NATIONAL CONFERENCE OF INDIAN MENOPAUSE SOCIETY

DAY 1 : 17th February, 2023 (Friday)

WORKSHOP

Time	Hall – A	Hall – B	Hall – C
09:00 AM to 01:00 PM	VAGINAL SURGERIES (17+3) Chairpersons Dr V.P. Radhadevi, Dr Sulochana K, Dr Beena Guhan, Dr Rashmi Shah	PREVENTIVE ONCOLOGY (17+3) Chairpersons Dr N.S.Sreedevi, Dr Sheeba T Joseph, Dr Omara Madhusudan, Dr Varsha Prapanna	PELVIC ANATOMY REVISITED (9AM– 12PM) Chairpersons Convener : Dr Nirmala Vaze Dr. Chellamma V K, Dr Jyoti R Chandran, Dr Jaya Chaudhary, Dr. Meenambal
09:00 AM to 09:20 AM	NDVH IN PREVIOUS LSCS Dr Ambarish Bandiwad	HPV TESTING Dr Preetha George	INTRODUCTION Dr. Nirmala Vaze
09:20 AM to 09:40 AM	PERINEAL TEAR REPAIR IN ELDERLY Dr Jyoti Jaiswal	DIFFERENT TYPE OF COLPOSCOPE Dr Rema P	VULVA & CLITORIS Dr Nirmala Vaze
09:40 AM to 10:00 AM	LE FORTES COLPOCLEISIS Dr Uma Rani Swain	NORMAL COLPOSCOPY PROCEDURE AND FINDINGS Dr Jeena Baburaj	VAGINA Dr Pragati Khalatkar
10:00 AM to 10:20 AM	HIGH UTEROSACRAL LIGAMENT FIXATION Dr Hara Patnaik	ABNORMAL COLPOSCOPY Dr Priya Ganeshkumar	PELVIC FLOOR Dr Kshama Kedar
10:20 AM to 10:40 AM	SUTURELESS VAGINAL HYSTERECTOMY Dr Vasudeva Panicker	ABLATIVE PROCEDURES FOR CIN Dr Jyoti R Chandran	LAPAROSCOPIC VIEW Dr Shilpi Sud
10:40 AM to 11:00 AM	SACROSPINOUS LIGAMENT FIXATION Dr Shailesh Jain	EXCISION PROCEDURES FOR PREMALIGNANT LESIONS Dr. Amrutha R	UTERUS Dr Pragati Khalatkar
	BREAST (17+3) Chairpersons Dr Sajala Vimalraj, Dr Rajani M, Dr Sandhya V.K	HYSTEROSCOPY (12+3) Chairpersons Dr Subash Malliya, Dr Ajitha P N, Dr Madhulika Agarwal	ADNEXA – Dr. Shilpi Sud, URETER – Dr Nirmala Vaze BLADDER – Dr Kshama Kedar, HANDS ON – Dr Kshama Kedar BLADDER REPAIR, PELVIC SACROSPINOPEXY, CANCER SCREENING & BREAST LUMP
11:00 AM to 11:20 AM	BREAST CANCER IN THE POSTMENOPAUSAL WOMAN – ROLE OF IMAGING Speaker 1 : Dr Rupa Ananthasivan	SUBMUCOUS FIBROID Dr Kunhumoideen	VAGINAL REJUVENATION (12:15 -1PM) Chairpersons Dr Vinayachandran S, Dr Usha Menon Dr Beena B
11:20AM to 11:40 AM	Speaker 2 : Dr Teena Sreeba	ENDOMETRIAL POLYP - BENIGN VS MALIGNANT Dr Nazer.T	TIGHTENING OF VAGINA Dr Sruthy A.G.(12+3 min)
11:40 AM to 12:00 PM	MANAGEMENT OF BREAST TUMORS Dr Meenakshi Ahuja	OFFICE HYSTEROSCOPY Dr Amrita Sarkari Jaipuria	PRP AND RADIOFREQUENCY Dr Sangeetha Mehrotra (12+3min)
	INFERTILITY (12+3) Chairpersons Dr Priya.N, Dr Regina.E.P	DIFFICULT CERVIX IN HYSTEROSCOPY Dr Tanveer Singh	LASERS IN GSM Dr Riddhi Shukla (12+3min)
12:00 PM to 12:15 PM	POOR OVARIAN RESERVE Dr Fessy Louis	COMPLICATIONS OF HYSTEROSCOPY Dr Sam Abraham	
12:15 PM to 12:30 PM	OVARIAN STIMULATION Dr Sushma Baxi	DISCUSSION Dr Subash Malliya	
12:30 PM to 12:45 PM	OVUM DONATION LAWS Dr Vijayalakshmi Seshadri		
12:45 PM to 1:00 PM	ENDOMETRIUM - A STUMBLING BLOCK Dr Shyjuis Nair		

Lunch

Time	Hall – A	Hall – B	Hall – C
02:00 PM to 02:20PM	COMPLICATIONS IN LAPAROSCOPY Dr. Ashwath Kumar	QUIZ PRELIMINARY ROUND (2-3PM) Convener : Dr Neelam Jain	GCM
02:20 PM to 02:40 PM	WISDOM VIBES AT MENOPAUSE Dr Ambuja Choranur	MOOT COURT (3-5PM) Chairpersons Dr Subhash Malliya, Adv. Shyam Padman, Dr Ujjwala Kedare (Team Leader) Dr Malini Kurve, Dr Shantala Bhole Dr Vidya Sutaone, Dr Prajakta Barde	
02:40 PM to 03:00 PM	JOINT PAINS IN PERIMENOPAUSE Dr Annil Mahajan		
03:00 PM to 03:20 PM	HEART IN MENOPAUSE Dr Asishkumar M		
03:20 PM to 03:40PM	MEDICAL MANAGEMENT OF ADENOMYOSIS Dr Atul Munshi		
03:40 PM to 04:40 PM	HEALTH MELA & PUBLIC AWARENESS PROGRAMME MOTIVATIONAL TALK : Dr Darshana Thakker CANCER AWARENESS IN MENOPAUSE: Dr Mili Moni		
04:40 PM to 05:40 PM	FIMS PRESENTATION		
06:00 PM to 07:30 PM	INAUGURATION		
07:30 Onwards	ENTERTAINMENT & GALA DINNER		



28TH NATIONAL CONFERENCE OF INDIAN MENOPAUSE SOCIETY

DAY 2 : 18th February, 2023 (Saturday)

Time	Hall – A	Hall – B	Hall – C
08:00 AM to 09:00 AM	AUB- Less Trodden Areas(12+3) Chairpersons Dr Kusumam, Dr Amrit Gupta, Dr Smitha D Couth	FREE PAPERS Away from MHT-Some Thoughts Chairpersons Dr Asha Agarwal, Dr Kiran Aggarwal, Dr Deepa Thangamani	Menopause: Consequences and Solutions) Chairpersons Dr Smita Barya, Dr. Rashmi Shah, Dr Chandramathy
09:00 AM to 09:15 AM	AUB IN WOMEN WITH CLOTTING DISORDERS Dr Shobha Gudi	WHAT MEN WANT? Dr Hara Patnaik	PREMATURE OVARIAN FAILURE Dr Pratibha Singh
09:15 AM to 09:30 AM	LNG IUS Dr Nilakshi Phukan	MENOPAUSE AND FEMALE SEXUAL DISORDER Dr Ragini Agarwal	LIFE STYLE MODIFICATIONS IN MENOPAUSE Dr Aloke Sharma
09:30 AM to 09:45 AM	POST HYSTERECTOMY OVARIAN CYST Dr Archana Dwivedi	YOGA IN MENOPAUSE Dr Bhavna Sheth	SARCOPENIA Dr Naini Tandon
09:45 AM to 10:00 AM	PREGNANCY AFTER 40 Dr Jignesh Shah	MIND BODY MEDICINE IN MIDLIFE Dr Sunila Khandelwal	NON HORMONAL MEDICATIONS FOR HOT FLASHES Dr Ashwini Bhalerao Gandhi

- Tea Break -

10:30 AM to 11:30 AM	Panel : Drug Therapy of Osteoporosis Moderators Dr Jyothika Desai, Dr Asna Ashraf Panelists Dr Varsha Jain, Dr Kshama Kedar Dr Ratna Sharma, Dr Madhulika, Dr Sarala Nihalani, Dr Ruchika Garg	Panel : Benign Vulval Lesions Moderators Dr Binal Shah, Dr Savitha Tyagi Panelists Dr Payal Bhargava, Dr Taru Chhaya Dr Anju Gupta, Dr Prejisha B Dr Elizabeth Joseph, Dr T K Shanthi Gunasingh	Panel : Benign Ovarian Masses Moderators Dr Anjana Chauhan, Dr Prabhavathi Panelists Dr Reshmi Banerjee, Dr Elizabeth Jacob, Dr Sindhu P.C, Dr Susila Pinnamaneni, Dr Manjima Baishya, Dr Mamta Sharma
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Hall – A			
11:30 AM to 12:45 PM	Key Note Addresses Chairpersons Dr Sonia Malik, Dr Neelam Agarwal, Dr Sunila Khandelwal	MICROBIOMES AND MENOPAUSE Dr Shobhana Mohandas METABOLIC SYNDROME Dr Pushpa Sethi SCIENCE OF SPIRITUALITY Dr Anju Soni	
12:45 PM – 01:15 PM	DR. DURU SHAH ORATION Chairpersons Dr P K Sekharan, Dr Pushpa Sethi, Dr Meeta Singh BREAST AND THE MENOPAUSAL WOMAN Dr Suvarna Khadijkar		

Lunch

Hall – A		Hall – B	Hall – C
02:00 PM to 3:20 PM	OVARY & Menopause (17+3) Chairpersons Dr Anju Soni, Dr Bipasa Sen, Dr Rasheeda Begum	Panel : Case Scenarios in MHT Moderators Dr Anita Shah, Dr Tripura Sundari Expert Dr. Atul Munshi Panelists Dr Priti Sharma, Dr Deepa Kapoor, Dr Asha Agarwal, Dr Beena Tandon, Dr Manju Tandon, Dr Uma Radhesh	Vulva (12+3) Chairpersons Dr Archana Jha, Dr Nalini Menon, Dr Kaushal Chundawat
02:00 PM to 02:20 PM	PCOS AND MENOPAUSE Dr Zinnat Nasreen		VULVODYNIA Dr Nirmala Pipara
02:20 PM to 02:40 PM	PRESERVING OVARIAN FUNCTION : WHY AND HOW Brig Gen Dr Suraiya Rahman		WHITE LESIONS OF VULVA Dr Tripti Nagaria
02:40 PM to 03:00 PM	ENVIRONMENTAL EFFECTS ON OVARY Dr Sanath Akmeemana		CHRONIC FUNGAL INFECTIONS Dr Sushama Varma
03:00 PM to 03:20 PM	CHEMOTHERAPY INDUCED OSTEOPOROSIS Dr Darshana Abeygunawardana	FINAL ROUND OF IMS NATIONAL QUIZ Coordinator : Dr Neelam Jain (03:00 - 04:00 PM)	PFIZER Session (17+3) Chairpersons Dr Jayanth Shah, Prof. Dr R K Baxi Dr Sudha Gandhi
03:20 PM to 03:50 PM	TRANSDERMAL ESTRADIOL SPRAY - A NOVEL MHT Sponsored by: Themis Medicare Limited	Panel - AUB (04:00 - 05:00 PM) Moderators Dr Shashi Srivastava, Dr Arti Gupta Panelists Dr Anju Singh, Dr R Premalatha, Dr Nirupama Aliganj, Dr Bhavani, Dr Srilaxmi, Dr Jamuna Devi	PNEUMOCOCCAL VACCINE Dr Rajalakshmi A
03:50 PM to 05:00 PM	BRITISH MENOPAUSE SOCIETY SESSION		GENITOURINARY SYNDROME OF MENOPAUSE Dr Jyothi Unni
			GCM
			GBM

05:30 PM to 06:30PM	DANCERCISE - Dr Renu Meena
06:30 PM	ENTERTAINMENT & BANQUET



28TH NATIONAL CONFERENCE OF INDIAN MENOPAUSE SOCIETY

DAY 3 : 19th February, 2023 (Sunday)

Time	Hall – A	Hall – B	Hall – C
08:00 AM to 09:00 AM	Special Situations In Menopause (12+3) Chairpersons Dr Chandan Kachru, Dr Ambuja Mohan	FREE PAPERS	MIXED BAG Chairpersons Dr Nirupama Singh, Dr Apeksha Thakre
09:00 AM to 09:15 AM	HEART DISEASE AND MHT Dr Jaishree Gajraj	BRAIN FOG Dr V.K.Chellamma	NOVEL DRUGS IN DIABETES AND OBESITY Dr Vishal Tandon
09:15 AM to 09:30 AM	THYROID IN MENOPAUSE Dr Sheela Mane	NEUROLOGY AND MENOPAUSE Dr Vidya Sutaone	OBESITY IN MENOPAUSE Dr N.S Sreedevi
09:30 AM to 09:45 AM	VASOMOTOR SYMPTOMS Dr Sandhya Dixit	INSOMNIA Dr Bipasa Sen	MICRONISED PROGESTERONE IN MHT Dr Meetu Babel
09:45 AM to 10:00 AM	Cynanchum wilfordii An Alternate Menopause Therapy Dr Sobhana Mohandas (Sponsored by SHIELD)	DEPRESSION IN MENOPAUSE Dr Alka Kumar	HOT FLASHES IN CANCER SURVIVORS Dr Nishi Rosni
	The Leaking Bladder (12+3) Chairpersons Dr Ridhi Shukla, Dr Archana Shah	When & What to Test (12+3) Chairpersons Dr Suchitra Sudhir, Dr Saroja	Tough Problems in Menopause (12+3) Chairpersons Dr Suneela M S, Dr Laxmy Rajmohan
10:00 AM to 10:15 AM	STRESS INCONTINENCE - MEDICAL MANAGEMENT Dr Nalini Sharma	USG IN PERIMENOPAUSAL BLEEDING Dr Lalithambica K	RESTLESS LEG SYNDROME Dr Revathy Janakiram
10:15 AM to 10:30 AM	STRESS INCONTINENCE - SURGICAL MANAGEMENT Dr Manoj Chellani	SCREENING IN OSTEOPOROSIS Dr Sudhaa Sharma	PELVIC VENOUS CONGESTION Dr Varsha Prapanna
10:30 AM to 10:45 AM	RECURRENT UTI Dr Seema Sharma	EVALUATION OF OVARIAN TUMORS Dr Ajith S	UTERUS SPARING IN ENDOMETRIAL CANCER IN SELECTIVE CASES Dr Lakshmi Rathna
10:45 AM to 11:00 AM	URGENCY INCONTINENCE Dr Kanchan Sortey	RISK ASSESSMENT IN MIDDLE AGE : BASICS Dr Hema Warriar	OSTEOPOROSIS IN BEDRIDDEN PATIENTS Dr Suma Vishnu
11:00 AM to 11:15 AM	OVERFLOW INCONTINENCE Dr Anjala Sahai	Fibroids (12+3) Chairpersons Dr Rabiyaabi, Dr Gissy Kurian, Dr Sugesh Devu	
11:15 AM to 11:30 PM	IMAGING IN OSTEOPOROSIS Dr Vandana Bansal	MEDICAL MANAGEMENT OF FIBROID Dr Vandana Narula	11:00 AM to 12:00 PM
	PANEL : COMPLICATIONS IN HYSTERECTOMY Moderators Dr Mumtaz.P, Dr Bindu V K Panelists Dr Bavin Balakrishnan, Dr Rajeev S Ravi Dr Darshana K, Dr Fathima Thasneem, Dr Anandasubramaniam, Dr Bala Guhan Dr Gopika	UTERINE ARTERY EMBOLIZATION Dr Megha Jayaprakash	PANEL : CONTRACEPTION IN MENOPAUSE Moderators Dr Simi Kurien, Dr Reshma Sajjan Panelists Dr Jayasree S, Dr Mini Balakrishnan, Dr Winny Vijay, Dr Meenakshy, Dr Jayalakshmi Suraj, Dr Uma Randheer
11:30 AM to 12:30 PM		GROWING FIBROIDS – WHERE TO DRAW THE LINE Dr Hephzibah Kirubamani	
		THICKENED ENDOMETRIUM : ALL SCENARIOS Dr Narumalar	
12:30 PM	CIMP CONVOCAATION		
	VALEDICTORY FUNCTION		